

# Year 4 Indoor Sports Hall Athletics

On Friday 11<sup>th</sup> January 2019, Y4 participated in the first ever Indoor Athletics Festival for their age. The children had to compete in a number of various relay races including an obstacle relay, an over and under relay as well as just one and two lap relays.

The children also competed in a number of field events ranging from chest push, standing long jump, Five Strides, vertical jump soft javelin and speed bounce.

It was a fantastic morning of fun filled races and events which the children all loved. A great way to keep fit too!

